

QUANTUM CONSCIOUSNESS: A SUSTAINABLE SOLUTION ON ENVIRONMENTAL POLLUTION.

GUANAJUATO

Grandeza de México





SUSTAINABLE DEVELOPMENT GALS

We support the Sustainable Development Goals

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Introduction

This paper speaks of the climate change that can be governed by the morality or ethics of the mind of the society at large and the phenomena although complex, as it is known as quantum consciousness but that does work at and in the mind that can change the environment. The quantum mind or quantum consciousness is a process associated with neural activities and its neuro energetics where in quantum mechanics plays a great role here. The quantum mind is governed by quantum laws. According to the neuroscience, the human brain is considered as the seal of the mind. The different neural patterns and connections result in unique subjective experiences with distinct emotions and feelings of varying intensity. Therefore, each emotion or feeling would have its respective neural correlates to its experiences can be practically observed by the neuroscientists with its quantum effects in the laboratory. The contemporary researches prove that anthropogenic factors own major role in manipulation of science and environment; although initially in their favour, but being a serious question for sustainable development. Human consciousness possess quantum units and their reaction with elementary particles (both atomic and molecular) reciprocates into an alert mind bearing love, compassion, joy and equanimity thereby igniting the wisdom. Moreover out of all the pollutions, mental pollution is the epitome of anthropogenic sources responsible for the issue of present and future, therefore being necessary to cure it at priority through physical, psychological, social, spiritual, ethical and behavioural disciplines.

Methodology

Compassion meditation procedure: At the base of this meditation are:

- 1. Morality (Sila),
- 2. Meditation (Samadhi),
- 3. Wisdom (Pradnya).

Here morality is most important which can take one to *Samadhi* and *Pradnya*. The morality consists of five precepts:

- 1. Not to kill.
- 2. Not to steal.
- 3. Not to have sexual misconduct.
- 4. Not to tell lies.
- 5. Not to intoxicate.

Moreover, there is the middle way of eight-fold path:

- 1. Right view.
- 2. Right thought.
- 3. Right speech.
- 4. Right action.
- 5. Right livelihood.
- 6. Right effort.
- 7. Right mindfulness.
- 8. Right meditation (Samadhi) or concentration.

Results

- 1. Moral code of conduct is the locus of human behavior.
- 2. Ethical laws framed by The United Nations Environment Program were implemented.
- 3. Strategic and interdisciplinary policies to combat global environmental problems were enacted.
- 4. Mindfulness and compassion meditation practices yield better rational societies.

Conclusion

In modern quantum world with respect to the quantum mind, neuroscience and meditation, one should not forget the quantum interactions of electrons, protons, photons and all other particles that participate in causing the functional changes in the brain to evolve compassionate mind and to cause the equilibrium between consumerism mentality and conservation of the environment. It should not be forgotten finally to understand the quantum behaviour of particles and fields and their functionality through moral behaviour responsible for sustainable development. The environment, as a whole includes humans as its crucial part and therefore it is our primary responsibility to analyse the effect of our activities on the environment and to implement right actions towards its conservation.

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